



SAA Travel Soccer Information

1. What is travel soccer?

Travel soccer consists of the fall season and spring season. The fall season starts in September and goes on until November. The spring season starts in April and goes on until June. Many teams do additional summer and winter programs.

2. Is there a fee for tryouts?

NO. Tryouts are free and open to all interested players. There is NO OBLIGATION tied to the tryout.

3. Does my child have to attend both tryout sessions?

Attending both tryout sessions is not required but is HIGHLY encouraged. Two sessions give the professional trainers twice the time to properly evaluate your children.

4. Do I need to sign up for tryouts or can I just show up?

All players should sign up at the SAA website (www.sayrevilleaasoccer.com/travel) to simplify the process at the field on tryout day but can register players at the field if needed.

5. When do travel teams play?

Each travel team will practice two times per week during their fall and spring seasons and generally once per week during the winter. Each team will play in a league and one tournament per season. We have teams registered in Monmouth / Ocean Soccer Association (MOSA), these games are primarily played on Sunday and are primarily limited to Monmouth and Ocean counties. We also have teams in MidNJ these games can be played on either Saturday or Sunday. For our higher-level teams, they play in EDP and these games can also be played either Saturday or Sunday. Tournaments are usually Saturday and Sunday and are at different times throughout the season.

6. What is the timeline for the team?

Tryouts will be held in April/May of each spring. The rosters should be finalized no later than 2 weeks after the last tryout session. Team practices will start in August and league play starts in September.

7. Who will coach the team?

SAA will be using Complete Athlete Training (CAT) Trainers. CAT will provide a professional soccer trainer to train all the travel teams.

8. How are teams formed?

US Soccer sets the age groups for all US youth soccer teams. Currently players are divided by their birth year. All 2014s play together and compete against their age groups. If we do not have enough players in a certain age group, we will combine 2 age groups.

The tryout consists of two scrimmage sessions. During these sessions, professional trainers will monitor the sessions and evaluate the players. At the conclusion of the second session the players will be ranked, and the roster(s) will be set according to the rankings.

NOTE: All this information is general and does not apply to a specific team. Every team is different.

For any other questions feel free to contact our SAA President brian@sayrevilleaasoccer.com